

At the beginning of the shift, the nurse assesses a client who is admitted from the post-anesthesia care unit (PACU). When should the nurse document the client's findings? - *CORRECT ANSWERS* - Immediately after the assessments are completed.

An Arab-American woman, who is a devout traditional Muslim, lives with her married son's family, which includes several adult children and their children. What is the best plan to obtain consent for surgery for this client? - *CORRECT ANSWERS* - D) Tell the surgeon that the son will decide after explanation of the proposed surgery is provided.

Traditional Muslim women live in a patriarchal family where decisions are made by men. Most likely, the son will make the decision for his mother, so

Which response by a client with a nursing diagnosis of Spiritual distress, indicates to the nurse that a desired outcome measure has been met? - *CORRECT ANSWERS* - Accepts that punishment from God is not related to illness.

Acceptance that she is not being punished by God indicates a desired outcome

During shift change report, the nurse receives report that a client has abnormal heart sounds. Which placement of the stethoscope should the nurse use to hear the client's heart sounds? - *CORRECT ANSWERS* - Use the stethoscope bell over the valvular areas of the anterior chest

Abnormal heart sounds are best heard with the bell of the stethoscope, which picks up lower-pitched sounds, that is placed at points on the anterior chest

A female client with a nasogastric tube attached to low suction states that she is nauseated. The nurse assesses that there has been no drainage through the nasogastric tube in the last two hours. What action should the nurse take first? - *CORRECT ANSWERS* -Reposition the client on her side

(The immediate priority is to determine if the tube is functioning correctly, which would then relieve the nausea. Repositioning is the least invasive.)

The nurse is assessing the nutritional status of several clients. Which client has the greatest nutritional need for additional intake of protein? - *CORRECT ANSWERS* -A lactating woman nursing her 3-day-old infant.

In developing a plan of care for a client with dementia, the nurse should remember that confusion in the elderly - *CORRECT ANSWERS* -often follows relocation to new surroundings.

The nurse observes that a male client has removed the covering from an ice pack applied to his knee. What action should the nurse take first? - *CORRECT ANSWERS* -Observe the appearance of the skin under the ice pack.

(The first action taken by the nurse should be to assess the skin for any possible thermal injury)

A client with chronic renal failure selects a scrambled egg for his breakfast. What action should the nurse take? - *CORRECT ANSWERS* -Commend the client for selecting a high biologic value protein.

(Foods such as eggs and milk are high in biologic proteins which are allowed because they are complete proteins and supply the essential amino acids necessary growth and cellular repair.)

When conducting an admission assessment, the nurse should ask the client about the use of complimentary healing practices. Which statement is accurate regarding the use of these practices? - *CORRECT ANSWERS* - Many complimentary healing practices can be used in conjunction with conventional practices.

An elderly male client who suffered a cerebral vascular accident is receiving tube feedings via a gastrostomy tube. The nurse knows that the best position for this client during administration of the feedings is - *CORRECT ANSWERS* - Fowler's.

Heparin 20,000 units in 500 ml D5W at 50 ml/hour has been infusing for 5½ hours. How much heparin has the client received? - *CORRECT ANSWERS* - 11,000 units

Which snack food is best for the nurse to provide a client with myasthenia gravis who is at risk for altered nutritional status? - *CORRECT ANSWERS* - Chocolate pudding.

(A patient with MG is at high risk for altered nutrition because of fatigue and muscle weakness resulting in dysphagia. Snacks that are semisolid are easy to swallow and require minimal chewing and provide calories and protein.)

The nurse is performing nasotracheal suctioning. After suctioning the client's trachea for fifteen seconds, large amounts of thick yellow secretions