

wound and finds it separated with viscera protruding. Which of the following actions should the nurse take? Select all that apply. - *CORRECT ANSWERS* --Cover the area with saline-soaked sterile dressings.

--Position the client supine with the hips and knees bent

A nurse is caring for a client who is at risk for developing pressure injury. Which of the following interventions should the nurse use to help maintain the integrity of the client's skin? (Select all that apply) - *CORRECT ANSWERS* ---
Keep the head of the bed elevated 30 degrees

--Have the client sit on a gel cushion when in a chair

A nurse in a provider's office is caring for a client who states that for the past week, "I have felt tired during the day and cannot sleep at night." Which of the following responses should the nurse ask when collecting data about the client's difficulty sleeping? (Select all that apply) - *CORRECT ANSWERS* ---
--"Have your working hours changed recently?"

--"Do you drink coffee, tea, or other caffeinated drinks? If so, how many cups per day?"

--"Has anyone ever told you that you seem to stop breathing for a few seconds while you are asleep?"

--"Tell me about any personal stress you are experiencing."

A nurse is talking with a client about ways to help sleep and rest. Which of the following recommendations should the nurse give to the client to promote sleep and rest? (Select all that apply) - *CORRECT ANSWERS* ---Practice muscle relaxation techniques

--Exercise each morning

--Alter the sleep environment for comfort

--Limit fluid intake at least 2 hours before bed