

Conclusion

As science and technology failed to answer many of the questions people have had regarding life and death, many have turned inward in search of their own soul. Religious and spiritual practices have increased in the United States. There had been a decline in reports of religious affiliations, after the growth of religion in the 50s. With the aging of the parents of the baby boomers, the maturing of the boomers, and religious movements such as the Jesus Movement and other charismatic and fundamentalist movements of the early 70s, more people were returning to practicing a religion. More attention also has been given to paranormal experiences such as near-death experiences to provide possible glimpses into the afterlife realm. Books and research concerning these experiences have proliferated since Raymond Moody's 1975 publication of *Life After Life*. It is estimated that more than 5% of the United States population have had a near-death experience and more and more people are becoming comfortable sharing what happened during their near-death experience. With attention being paid to the value of spiritual or transpersonal experiences, more people are using the knowledge of and belief in these experiences to overcome fears of death and improve their lives.¹³

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