

(Follicle stimulation hormone)

Day 1 of period FSH is produced which stimulates follicle growth - it is also when the lining bleeds for about 4 days

The lining of the womb builds up again with blood vessels waiting for a fertilised egg.

At day 14 the egg is released by LH hormone (Luteinising hormone)

Oestrogen increases as the ovum develops

Progesterone increases when egg is released (ovum)

Oestrogen causes the lining of the uterus to thicken.

Progesterone maintains it until day 26. If no embryo has been implanted it breaks down.

If embryo is implanted, HCG is produced by the embryo, base of all pregnancy tests because it's a protein which is present in urine from day 12 of fertilisation (day 26 in the cycle).

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Page 1 of 1

