

Chapter 6

Which of the following is a function of the skeletal system? **All of the answers are correct.**

Which of the following are **not** components of the skeletal system? **tendons**

Which of the following bones is classified as "irregular" in shape? **vertebra**

The tip of a long bone is called the **epiphysis**.

The carpal bones are examples of _____ bones. **short**

A rib is an example of a _____ bone. **flat**

Bones that develop within tendons are called _____ bones. **sesamoid**

Small, oddly shaped bones that fill gaps between bones of the skull are called _____ bones. **sutural**

The humerus is an example of a(n) _____ bone. **long**

The region of a long bone between the end and the shaft is known as the _____. **metaphysis**

Which of the following labels best matches *osteocyte*? **mature bone cell**

Bone is composed of _____ percent cells. **2**

Cells that secrete the organic components of the bone matrix are called **osteoblasts**.

_____ are squamous stem cells that develop into osteoblasts. **Osteoprogenitor cells**

Through the action of osteoclasts, **bony matrix is dissolved**.

The space occupied by an osteocyte is called a **lacuna**.

_____ account(s) for almost two-thirds of the weight of bone. **Calcium phosphate**

The most abundant cell type in bone is **osteocytes**.

The lacunae of osseous tissue contain **osteocytes**.

How would removing hydroxyapatite from bone matrix affect the physical properties of a bone? **The bone would be more flexible.**

The narrow passageways that contain cytoplasmic extensions of osteocytes are called **canaliculi**.

The central canal of an osteon contains **blood vessels**.

The interconnecting tiny arches of bone tissue found in spongy bone are called **osteons**.

The type of bone that is adapted to withstand stresses that arrive from many directions is _____ bone. **spongy**

The structural units of mature compact bone are called **osteons**.

Fat is stored within the **medullary cavity**.

Which of the following is a characteristic of bone? **The bone matrix is very dense and contains deposits of calcium salts.**

_____ marrow is found between the trabeculae of spongy bone. **Red**

The lining of the medullary cavity is called the **endosteum**.

The articular cartilage of a typical long bone is composed of what type of cartilage? **hyaline cartilage**

The deposition of calcium salts in bone tissues is referred to as **ossification**.

Endochondral ossification begins with the formation of a _____ cartilage model.

The following are important steps in the process of endochondral ossification.

1. Enlarged chondrocytes die.
2. Osteoblasts replace calcified cartilage with spongy bone.
3. Chondrocytes enlarge and the surrounding matrix begins to calcify.
4. Blood vessels invade the perichondrium.
5. Perichondrial cells become osteoblasts and produce a thin shell of bone. **3, 1, 4, 5, 2**

Intramembranous ossification begins with differentiation of _____ cells. **mesenchymal**

Which of the following statements about Marfan's syndrome is **false**? **results in short, stubby fingers**

Intramembranous ossification **produces flat bones as in the bones of the roof of the skull.**

Suppose that epiphyseal lines appear in a 10-year-old's long bones. Which of the following statements is therefore **true**? **The epiphyseal plates have ossified and further growth in length is not possible.**

During appositional growth **bones grow wider**.

When the epiphyseal plate is replaced by bone, **long bones have reached their adult length**.

The following are major steps in the process of intramembranous ossification:

1. Clusters of osteoblasts form osteoid that becomes mineralized.
2. Osteoblasts differentiate within mesenchymal connective tissue.
3. Spicules of bone radiate out from the ossification centers.
4. Mesenchymal cells aggregate. **4, 2, 1, 3**

In normal adult bones, **a portion of the protein and mineral content is replaced each year.**

A lack of exercise could **result in porous and weak bones**.

Excessive growth hormone prior to puberty could result in **giantism**.

Factors that are necessary for proper bone formation include all of the following, **except** **vitamin E**.

Where in the body does the production of precursors for the synthesis of calcitriol occur? **skin**

The most abundant mineral in the human body is **calcium**.

Elevated levels of calcium ion in the blood stimulate the secretion of the hormone **calcitonin**.

Parathyroid hormone functions in all of the following ways, **except** that it **inhibits calcitonin secretion**.

A child with rickets often has **bowled legs**.

Hundreds of years ago explorers often died of scurvy. How can this bone-related disease be prevented?

Supplement the diet with fresh fruit rich in vitamin C.

How is vitamin D (vitamin D3) related to calcium homeostasis in bone?

Vitamin D is involved in calcium absorption by the digestive tract so calcium is available for ossification and remodeling.

The disease osteomalacia causes calcium loss from the skeleton, which would result in bones that are **weaker and more flexible**.