



At this time the government also decided to expand the Specialist Schools programme to include Specialist Sport Colleges, this was meant to improve the infrastructure for School Sport along with the development of the School Sports Co-ordinator Programme. (Casbon and Walters, 2004)

A policy published in 2003 called 'Every Child Matters', was used to tackle issues regarding the protection of children and children at risk. The policy aimed for children to be healthy, stay safe, enjoy and achieve, make a positive contribution and have economic well-being (Every Child Matters, 2003).



Although 'Every Child Matters' is no longer in use, it fits very closely with the current NCPE, which states, building 'successful learners', 'confident individuals' and 'responsible citizens' as its aims (QCA, 2008).

Academic Achievement

We now know how and why physical education came to be in the National Curriculum, however, is its place justified? PE obviously has health benefits but does it contribute to any academic achievement for students?

According to Hill and Gracia (2006) the relationship between physical activity and