Differences between guidance and counselling.

Guidance	Counselling
More general and	Theory based and
comprehensive than	structured.
counselling.	
Guidance precedes	Counselling is a
counselling and paves	complicated process.
ways for it.	
Stressess theoretical	Stressess practical aspects.
aspects.	
Based on intellectual	Based on emotional Rational Ra
attitude.	attituge
Process helping people to	Process to solve problem
make choices N	Troph the root.
Covers problems or 29	Solves personal and social
education and carrer	issues.
related (simple problems).	
Provided by guidance and	Provide by a counsellor or
unskilled teacher.	an expert.