

- Zeus is negatively impressed with Arcadia where he says "every bush and cave was hideously alive with boars, bears, and foxes." Lykaon serves Zeus human flesh for dinner
- The Greeks believed that what you eat reflects who you are
 - The gods consume nectar and ambrosia which are non-perishable
 - Humans consume cooked meats and grains which are perishable
 - Animals consume raw food, they may even eat its own kind
- Lykaon turns into the animal-the wolf- that was always lurking inside of him
- Turned into wolf for 9 years and if he could go 10 without eating human flesh he would return to civilization
- Xenia- hospitality to strangers, generosity, duty, Zeus oversees hospitality
- Lykaon is precursor of all subsequent werewolves
- Zeus decides to wipe out human race with water- not to destroy human race but to improve the failed first batch
- Cyclopean are uncles of Zeus, different from Cyclops
- Arcas, the grandson of Lycaon is the true founder of civilized future in Arcadia, he teaches his people agriculture and weaving- use of human technology to improve living conditions
- Humanity- a different kind of species
- Greek gods- a more perfect version of humans
- Achilles- the superlative warrior haunted by mortality
 - Thetis-mother- a sea nymph, a goddess
 - Peleus- mortal, great warrior, father
 - Oracle says Thetis is fated to give birth greater than his father, so Zeus stops courting Thetis and Zeus marries Thetis to Peleus
 - Metis- craftiness, resourcefulness
 - Thetis dips Achilles in the river Styx to make him immortal, holds by ankle leaving that mortal
- Out of the flood's cleansing waters two faultless beings arise- Deucalion and Pyrrha. Very pious
 - Deucalion is Prometheus' son
 - Pyrrha is daughter of Epimetheus (who's brothers with Prometheus) and Pandora is her mother
 - Pray to Themis- natural law, titan goddess

- Chiron is immortal centaur, only good centaur
- Son of Cronus (as a horse) and immortal woman
- Chiron's fate is reverse of Asclepius
- Asclepius is killed by thunderbolt then brought back as immortal
- Hydra's venom will kill Chiron
- Centaurs do not share the same family as Chiron and are not immortal, can't control themselves around women and wine
- Pirithoos- human being related to centaurs,
- Haracles/Hercules- agent of order and the nemesis of Centaurs
- Hercules dinner at his friend Pholus' (a good centaur) house ends on a sour note, all centaurs live in caves. Pholus brings wine for Hercules and attracts his brothers-> Hercules fights the centaurs and retreats to Chiron's cave and hits Chiron with Hydra venom dipped arrow
- Prometheus trades Chiron's immortality to Hercules for his mortality so that Chiron can die. He dies like all other Centaurs at the hand of Hercules
- Sick people turned to Asclepius who wields a staff wrapped with a snake- gift of life-life rising out of ground
- Ocyrhoe daughter of Chiron is born a human and when she reveals to her father she is turned into a mare-horse
- Hermes/Mercury- son of Maia and of Zeus- god of passage and messenger and thieves- can travel through the underworld. He escorts the dead souls to underworld. Staff with 2 snakes around the staff with wings. Has a lot of metis but is used to trick people. Psychopompos
- Hermes steals the cattle of his brother Apollo, cattle can be substitute as money,
- Maia is a very obscure nymph who lives in a cave, Hermes was born in a cave, Hermes needs to earn his Olympus status
- Apollo finds out about the cattle from old man Battus- is turned into a touchstone and becomes an informant for Apollo, Hermes makes a lyre out of tortoise shell and gives it to Apollo- mutual understanding
- Hermes falls in love with Herse- daughter of Cecrops king of Athens
- Hermes asks Aglauros for her blessing to marry her sister- baby snake- sexual desire- envy is deep inside of Aglauros
- Aglauros lies across her sister's chamber as immovable as the stone she will become

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- The daughters of King Minyas do not care for Dionysus, they refuse to become bacchantes or maenads. Confuse devotion to Athena with a rejection of Dionysus
 - Stay home and weave while telling stories- Muthoi- about transformations of people into fish
- Hermes is psychopomp- guide to dead souls, is the only Olympian able to go into the Underworld
- The Olympian gods are called athanatoi- the deathless ones
- Juno/Hera goes to underworld to ask the furie- Tisiphone-voice of revenge- for help
- Tisiphone plants her poison of madness into Ino and Athamas
- Afflicted with the madness- Athamas smashes the head of his son Learchus into a stone, Ino takes the other son Melicertes and fatally jumps off a cliff into the ocean
- Athamas' first wife is Nephele (cloud) had two children with Athamas- Phrixus and Helle- flee on the golden ram
- Ino plots the demise of Phrixus so her children can take the throne, wants to sacrifice him by roasting the seeds so the crops cannot be grown- Ino asks Apollo- Athamas is required to sacrifice his first male born if he wants the next seeds to sprout. Nephele gives her children the golden ram to save them
- On the flight on the ram, Helle falls off the ram into the strait separating the Aegean sea from the sea of Marmara- Hellespont
- This is why Athamas takes his anger out on Learchus
- After Ino and Melicertes drown, Ino is reborn as a goddess Leucothea- the white goddess- whose specialty is to save those lost at sea- Odysseus
- Pentheus was torn apart by his aunts and mother
- Cadmus is put into exile from Thebes- reflects on his life and realizes he killed a magic holy snake and asks to be a snake- he with his wife Harmonia, turns into the snake he once killed
- The peaceful ending that comes with recognizing and accepting that your enemy and yourself share more than you thought
- Perseus and Medusa: the enemy as complete other