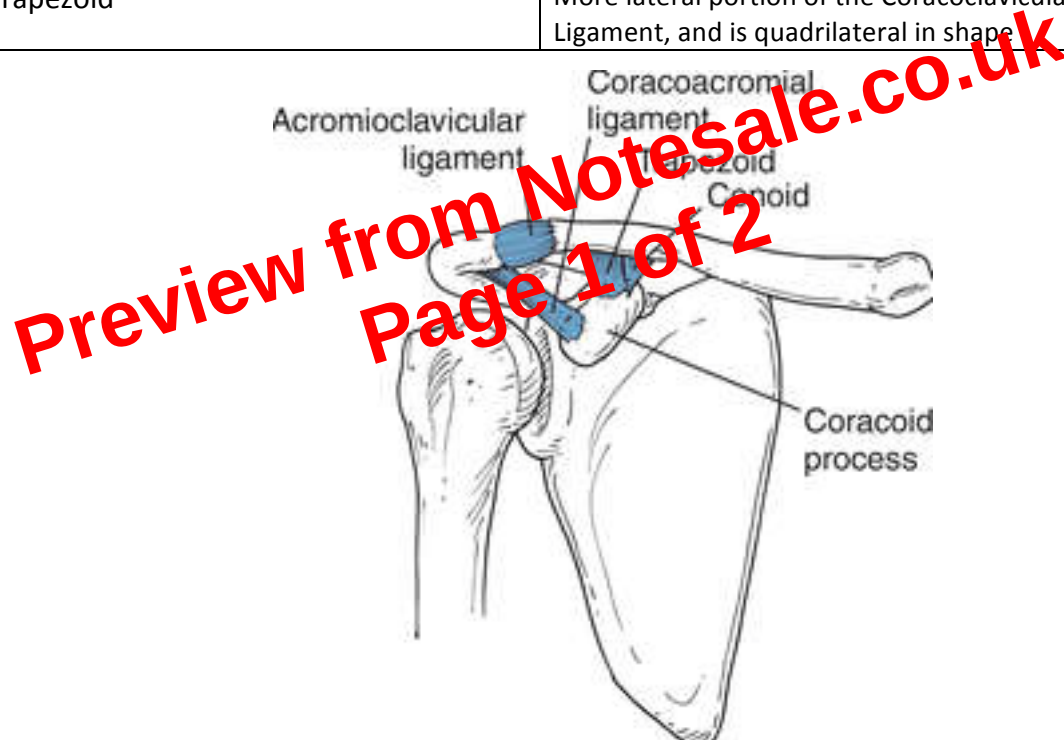


The Shoulder Girdle Joints

Acromioclavicular Joint:

Ligament	Origin	Insertion	Movement limited
Coracoclavicular: Conoid and Trapezoid	Coracoid process	Underside of the clavicle near the AC joint	superior dislocation Rotation of scapula (important in producing longitudinal rotation of the Clavicle necessary for full ROM during elevation of the upper extremity)

Conoid ligament	Fan shaped component of the Coracoclavicular Ligament. It is located more medially than the Trapezoid Ligament.
Trapezoid	More lateral portion of the Coracoclavicular Ligament, and is quadrilateral in shape



Classification	Articular surfaces	Capsule
Synovial plane joint	- Lateral end of clavicle and acromion- scapula - Incomplete intra-articular disc placed between the two bones	Fibrous tissue surrounds articular margin