

Ross Jeffries - Speed Seduction Algorithm

0. Preparation: Look and feel your best

Speed Seducer's State of Mind

1. Approaching and making them interested

- Say "Hello"; Give a Compliment; Ask for information
- Comment about the situation you are both in (or music, painting, whether)
- Request or offer assistance in doing something
- Introduce your-self
- Disclose some-thing about your-self; Express your feels about situation
- Tell a joke: Get her laughing
- Get her alone

2. Calibrate the girl

Ask open-ended questions: How do you like ...?

Body Posture; Body movements; Gestures; Eye Movements; Trance Words; Language Patterns

L/R hand; Meta-(non-verbal-body)-message;

main representation system; internal submodal strategies; Personal Time Line

Lie Detector; Non-verbal Yes-No response.

3. Pace (Rapport)

People like people like them self; make her feel completely understood by you;

Find and talk about topic which both of you like very much => automatic rapport

Body Position; Verbal Pace; verbally pace the ongoing situation

PAY ATTENTION TO HOW SHE RESPONDS TO YOU!!!

4. Lead (use Patterns)

Embedded Commands = Weasel Phrases + Command Verbs + Description of State

- focus her attention on your words
- Get her feeling secure, calm, trust
- Emotional Connection
- Get her imagination going horny

5. State Accelerators and Patterns

- Quotes
- Another Person Experience
- Zip anchors
- Synesthesia
- Sub-modality shifts
- Commands such as, "Feel it building...focus in on those feelings....surrender completely...."
- Sexual metaphor.."Create an opening for it.....feel it penetrate.....come over and over again to the same conclusion..."
- Age regression
- Visualizations
- Story-telling and metaphors
- Linguistic double binds, use of suggestion (Three Level Stacking)
- Disorientation / confusion
- Sensory deprivation and/or sensory overload

1. Approaching and making them interested

- Speak with good tonality, clearly, and deeply whenever you talk to a woman.
- Make good eye contact.

Wherever you are, don't wait for more than three seconds to begin.

When approaching these chicks, I used Mystery's 3 second rule approach and tried to pick out something about them to comment on. It could be a book, something they are wearing, questions about something that they MAY (not necessarily DO) have knowledge on, something we have in common, whatever."

Keep enough eye-contact

Use humour to get you started

Set the mood of the date from the start.

Ya Gotta Get 'Em To Stop!

VERBALLY PACE THE ONGOING SITUATION

"Look, I know this is a totally nutty way to meet someone (pacing her ongoing belief)...but I knew if I didn't do SOMETHING to stop you, we'd never get a chance to talk (also completely true...a truism with which she cannot argue) and maybe see how much WE COULD REALLY LIKE EACH OTHER (embedded suggestion).

DEMONSTRATING UNDERSTANDING, YOU INCREASE RAPPORT!

Excuse me, Forgive me for interrupting you, I just wanted to tell you.....(pause a second or two for effect...they will begin to wonder "what???.. what does he want to tell me?") I think you're absolutely stunning....and I really wanted to meet you. (Pause again)

"My name's" I then extend my hand and shake theirs!

THE INTRUSION PRINCIPLE to Get Her Attention Focused On You:

Well, when you take her hand to shake it... DON'T LET GO AFTERWARDS!!!. Keep holding on as you continue to talk to her, looking straight in her eyes.

To Take Control Of Her Internal Representations:

You could say something like, "You know, I can tell you are a woman with great taste!" And when she says, "How do you know?" Respond, "Because you laugh at what I say. And the more you laugh, the more you'll LOOK FORWARD to having the best time when we go out!". When she laughs at this, you say, "See...just like that.

To add to this you say, "Seriously...haven't you ever met someone, and you just knew you were going to like this person(point to yourself), cause you could just STOP, and IMAGINE BEING TOGETHER, feeling totally comfortable, and absolutely connected, for all the right reasons?".

As she sighs and says, "yeah" you say, "Well, see? So, as you think about it like that..." then just keep chatting.

Excuse me, I don't mean to interrupt you while you are (whatever she is doing), but you look exactly like... someone I should get to know better" or "...somebody I would like to meet!"

My name is ...".

"Excuse me...forgive the interruption...but I had to pay you a compliment."

Then I will pause. When she asks, "What?" I'll reply, "You carry yourself with discipline and elegance..it's a very rare and attractive combination. My name is Ross...."

"Damn...you are both strong AND feminine. How totally wonderful and unique and special too!"

Spot the woman you want to meet. Walk up to her, and put a puzzled look on your face; the look you'd use if you saw someone you truly thought you recognized them but couldn't quite put your finger on it. Then you say: "Pardon me miss. I know this is going to sound a little funny, but I know I've seen you somewhere before, and I just can't figure out where." So far, sounds like a standard pick-up ploy, right? Here's where you add the twist. Pause for another second and say, with a sudden