d) Remember the fact that the act of complaining is taking criticism to the next level which is even more damaging and dangerous. So try to remain inside the limits of criticism instead of complaints.

Having said that, there are bad mouthed people who are in habit of constant criticism, regardless of their mental comprehension of things. Be aware of them. They are polluting not only themselves but the environment as well and ultimately impacting you, your product, your skills and/or your services. They are spreading negativity.

Closing my article with the famous quote that says,

"Instead of criticizing others, become the change you wish to see in the world"

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