

One character who could be seen as an agent of fate is Mercutio. He is the one who invites them to the ball and so Romeo meets Juliet. Without him he wouldn't have provoked Tybalt to kill him and so Romeo wouldn't have been banished and there would be no need for the plan, which causes their eventual downfall.

JULIET (gesturing towards Romeo)

What's he that follows here, that would not dance?

NURSE

I know not.

JULIET

Go ask his name. *The Nurse goes. If he be married,*

My grave is like to be my wedding bed.

In this section Juliet appears for foreshadow her own death, predicting that her love for Romeo will end soon.

Another example of an agent of fate is Friar Lawrence. He agrees to marry the two and without him they wouldn't have married and the plot wouldn't have unfolded in the way it did, leading to the death of Romeo and Juliet. Without them dying then the two families would have become at peace.

Fate

ROMEO

I fear, too early, for my mind misgives

Some consequence yet hanging in the stars

Shall bitterly begin his fearful date

With this night's revels, and expire the term

Of a despised life closed in my breast

By some vile forfeit of untimely death.

At this point Romeo feels like his fate is hanging in the stars. It is right before he meets Juliet so perhaps him meeting here is purely down to fate. He feels though like he is going to end up dead by his own actions and his own bad luck.

Other examples of fate are when Friar Lawrence warns Romeo that people who rush into things fall. He seems to be warning Romeo that he shouldn't leave it to fate to decide what his next actions are.

Another example of fate playing a major role in Romeo and Juliet is when Peter the illiterate servant is tasked with finding the party guests. Its because of this Romeo finds out about the party and so he meets Juliet, allowing the whole plot to happen.